GORHAM SCHOOL DEPARTMENT

TITLE: Athletic Trainer

QUALIFICATIONS:

1. State of Maine Athletic Trainer license

2. National Athletic Training Certification, First Aid Certification, CPR (Professional Rescuer Certification), AED Certification

REPORTS TO: Athletic Director

JOB GOAL: To provide athletic training services to the athletes of the Gorham schools.

RESPONSIBILITIES:

- 3. Assess, evaluate and treat sports related injuries.
- 4. Provides training and supervision of student trainers and interns.
- 5. Maintains daily records of treatments and injuries, organizes and documents all recorded information regarding the number and type of all athletic injuries, and provides written report of all medical related issues to the Athletic Director on a regular basis.
- 6. Performs pre-game taping, consults with coaches, advises on injury prevention measures and programs and provide injury assessment on site.
- 7. Under the supervision of the family physician and/or team physician assess, reconditions and rehabilitates injuries.
- 8. Assists in the implementation and carrying out of rehabilitation programs prescribed by the athlete's physician or physical therapist.
- 9. Provides guidelines for return to play after an injury, in consultation with the coaches and treating physician or physical therapist.
- 10. Coordinates training activities and programs with the Athletic Director, coaches, and team physicians.
- 11. Works with interested Gorham School Department staff and students to promote/develop an athletic training educational program.
- 12. Provide instruction in injury prevention.
- 13. Provides services to coaching staff/athletes regarding topics as chosen by the Athletic Director, coaches, or Athletic Trainer
- 14. Makes recommendations to athletes/parents regarding appropriate methods to be taken following an injury, (i.e. visit to an Emergency Room, visits to a physician or certain exercises to perform and recommended time off).

- 15. Makes recommendations to coaches/athletes regarding in/off season conditioning programs.
- 16. Educates/advises/fits athletes regarding braces, crutches and other special equipment and prepares athletes for competition.
- 17. Provides game coverage as agreed upon with Athletic Director.
- 18. Makes equipment recommendations to the Athletic Director.

WORK YEAR: Ten-month year. Salary and benefits to be established by the School Committee.

EVALUATION: Performance of this job will be evaluated in accordance with provisions of the School Committee's policy on evaluation.

NOTE: The above job description reflects the general requirements necessary to describe the principle functions or responsibilities of the job identified and shall not be interpreted as a detailed description of all work requirements that may be inherent in the job, either at present or in the future.

January 2012